

Guide to Working in your EASy Application

Resources

*VAIMH Applicant & Endorsee Webpage:

https://www.vaimh.org/applicants-endorsees

*VAIMH Membership Application: (Renewed annually)

https://www.vaimh.org/vaimh-membership

*EASy:

https://vaimh.myeasy.org/

Competency Guidelines:

https://www.vaimh.org/competency-quidelines

Crosswalks:

https://www.vaimh.org/endorsementresources

*Endorsement Renewal:

https://www.vaimh.org/endorsement-renewal

Endorsement Registry:

https://www.vaimh.org/iecmh-endorsement-registry

Reflective Supervision Registry:

https://www.vaimh.org/reflective-supervision

Professional Development: (VAIMH Third Thursdays)

https://www.vaimh.org/vaimh-third-thursdays

*VAIMH PD Archives:

https://www.vaimh.org/vaimh-pd-archives

I/ECMH Endorsement Coordinator:

Kristen Stahr, khstahr@vcu.edu

Application Worksheets

A working document that can help you organize your application before making entries in EASy, if desired. They are not a requirement, but are helpful ways to seek feedback from the Endorsement Coordinator.

Application Worksheet Sample

(Illustration Purposes for this Guide)

FA Application Worksheet

(Google Sheets)

FS Application Worksheet

(Google Sheets)

MHS Application Worksheet

(Coming Soon)

MHM Application Worksheet

(Coming Soon)

ERS Application Worksheet

(Coming Soon)

For your records

Username: ______
Password: _____
Start Date: _____
Endorsement Goal (date): _____

Mark your calendar:

- Renew VAIMH Membership every December
- Once Endorsed, Endorsement Renewals occur every 3 years: 2024, 2027, 2030, etc.

Application Process

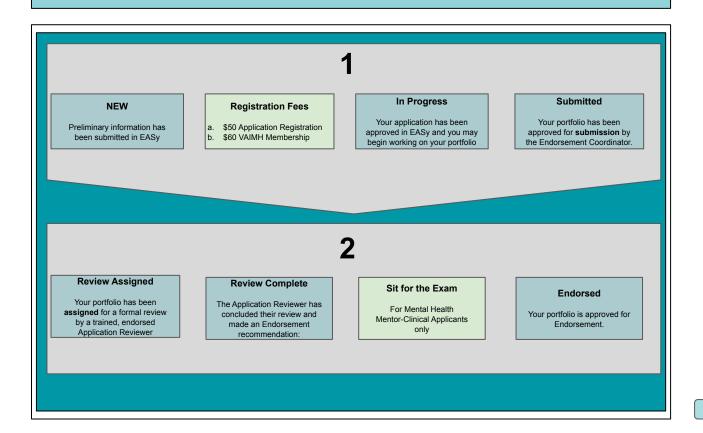


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Application Tabs

Status

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Education

Work

Leadership (MHM only)

Trainings

Supervision

References

For the purpose of this **Endorsement Application**

Guide, examples provided are taken from a transcript found on the Internet

(https://melissasomun.weebly.co m/certi cation.html)

The transcript/associated information is not associated with a VAIMH Endorsed Professional.

Examples illustrate a Family Specialist Application, but will apply to all categories.

1. Status

Status

Details

Competencies

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This is where you will submit your completed application and review the status of your application.

Upon earning Endorsement, this is also where you will submit your Endorsement Renewal.

Sections in green indicate that you have entered the minimum amount of information required.

Sections in yellow indicate that the corresponding sections are not yet complete.

Details

Endorsement Agreement (0 entries)

Code of Ethics (0 entries)

Education (7 entries)

Work Experience (0 entries)

Trainings (4 entries)

Reflective Supervision (0 entries)

Reference Ratings (0 entries)

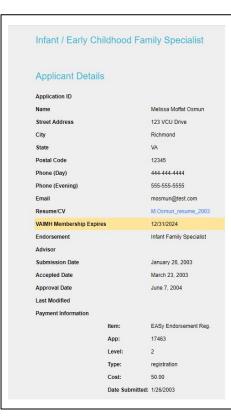
Please note!

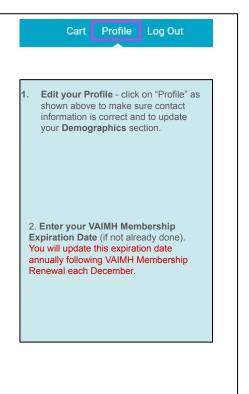
Your application is missing the following items which must be resolved in order to submit:

- Endorsement Agreement: Missing requirement.
- · Code of Ethics:
- Missing requirement. Work Experience: Missing requirement.
- Reflective Supervision: Missing requirement.
- References: Missing valid response from reference.
- · Reference Ratings: Missing requirement.

2. Details

Status Details Competencies Agreement Ethics Education Work Trainings Supervision References





3. Competencies

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This page is intended to be used as a self-study to help assess your education and in-service training experiences and determine what additional specialized training might be necessary to meet the competencies and earn Endorsement.

Please note: The following grid indicates the competencies and hours you have submitted and selected as those being covered, not necessarily those that have been or will be approved by application reviewers.

Keep in mind that during a formal Application review, your materials will be comprehensively examined to determine if you have met the requirements and the competencies for your specified Endorsement. All of the knowledge and skill areas are required (as specified for each Endorsement), but application reviewers will be paying closest attention to those listed under *Theoretical Foundations* and *Direct Service Skills*. In general, when considering whether or not a knowledge/skill area has been "met", the most weight is given to college courses, then to intensive or series in-services, then to shorter in-services, then conferences, then reference ratings, then work experience.

Theoretical Foundations	Trainings	Education
Pregnancy and Early Parenthood 🔾	0	0
Infant/Young Child Development & Behavior	0	0
Infant/Young Child/Family Centered Practice 9	0	0
Relationship-focused Therapeutic Practice 9	0	
Family Relationships and Dynamics	0	0
Attachment, Separation, Trauma, Grief & Loss 😏	0	0
Cultural Humility	0	0
Disorders of Infancy/Early Childhood	0	0
Law, Regulation & Policy	Trainings	Education
Ethical Practice	0	
Government, Law & Regulation 9		0
Agency Policy	0	
Systems Expertise	Trainings	Education
Service Delivery Systems 🔾	0	0
Community Resources	0	0
Direct Service Skills	Trainings	Education
Life Skills O	0	0
Observation and Listening	0	0
Screening and Assessment	0	0
Responding with Empathy 🔾	0	
Advocacy O	0	0
Safety •	0	0
Working With Others	Trainings	Education
Supporting Others/Mentoring	0	0
Building & Maintaining Relationships 🥎	0	0
Collaborating	0	
Resolving Conflict (9	0	
Empathy & Compassion	0	0

Application Summary
Training Hours
(submitted):
50

RS/C Hours (submitted):
24

- The 2 key domains are highlighted in blue - try to pair coursework with these first, if applicable.
- Use this tab to see where any gaps are, and fill those gaps with training/PD.
- Be intentional about selecting competencies, trying to meet as many as possible without too much duplication.
- Not every competency needs to be met.
- RS/C hours: Family Specialists are required to receive 24 hours of RSC, whereas Mental Health Specialist and Mental Health Mentor-Clinical applicants must meet 50 hours.

4. Agreement

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The submission of an application for Endorsement constitutes an applicant's agreement that:

 VAIMH may request information from and consult with other institutions, organizations, and individuals with whom the applicant has been associated, and may use any report, reference, or information received in response to such a request.

2. AyAIMH staff or Board member may deliver applicant application decision and feedback. Thig will only occur if necessary and it is in the best interest of the applicant. The results of the application decision will remain confidential from anyone who is not directly associated with delivering the feedback.

3. A VAIMH staff or Board member may deliver applicant examination decision and feedback. This will only occur if necessary and it is in the best interest of the applicant. The results of the examination decision will remain confidential from anyone who is not directly associated with delivering the feedback.

4. Applicant releases VAIMH and its directors, employees, and agents from any and all liability and waives all legal claims against any of the above who acts in accordance with the Endorsement process.

5. Applicant releases from any and all liability any individual or organization wholwhich provides information in good faith and without malice to VAIMH representatives concerning the applicant's qualifications for Endorsement.

Applicant agrees that the decision of VAIMH concerning whether or not Endorsement will be granted is final and binding.

7. Applicant releases VAIMH and its directors, employees and agents from any and all liability for any statements made or any action taken in good faith and without malice by any person in connection with the consideration of this application, or in connection with any proceeding in the Endorsement process.

VAIMH may request an interview with the applicant under specific but limited circumstances where there are questions or inconsistencies in the data collected in the process of applying for VAIMH Endorsement.

Applicant understands that it is their responsibility to read and understand the requirements of VAIMH Endorsement and to demonstrate, through the application, that competencies and requirements have been adequately met.

 Applicant attests that all information submitted in the application for VAIMH Endorsement is true to the best of their knowledge and belief.

 Applicant agrees to be listed on the VAIMH Endorsement Registry on the VAIMH website upon earning Endorsement.

12. Applicant understands that once endorsed, in order to remain on the Endorsement Registry, applicant must keep Endorsement in good standing by meeting the requirements for renewal. If applicant does not renew their Endorsement or request leading status, applicant understands they will be removed from the Endorsement Registry. If removed, applicant understands that they are no longer endorsed and can no longer use the ECMH-EG Credential.

I agree.



Read the **Endorsement Agreement** and check the box as shown below if you agree.

5. Ethics

Status Education

Value: Commitment to Dismantling Inequities through Social & The VAIMH Endorsement for Culturally Sensitive, Relationship-focused Practice Promoting Racial Justice Work Infant and Early Childhood Mental Health (IECMH-E®) is intended to recognize experiences . A VAIMH endorsed professional honors and respects all of the identities that individuals that lead to competency in the infant, early childhood and family field. It does not replace hold including and not limited to race, ethnicity, gender identities, sexual orientation. licensure or certification but instead is meant as an evidence of a specialization in this field. The religion, nationality, immigration status and others. VAIMH Endorsement is cross-sector and multidisciplinary including professionals from . A VAIMH endorsed professional engages in ongoing deep personal and critical reflection. and participates in anti-racist, anti-bias professional development that commits them to psychology, education, social work, psychiatry, child and/or human development, nursing, and the practice of infant mental health with a social and racial justice stance others. Endorsement indicates an individual's efforts to specialize in the promotion/practice of A VAIMH endorsed professional is committed to dismantling structural inequities through infant and early childhood mental health within their own chosen discipline. Each endorsed advocacy by identifying and upholding policies and practices from within to create systems that advance social justice and work to dismantle racial and social inequities. professional is bound by their own discipline's ethical standards, as well of those defined here. Value: Importance of Relationships · A VAIMH endorsed professional understands the importance of relationship, the primary instrument for growth and change Value: Integrity · A VAIMH endorsed professional uses knowledge and skills promote, support, restore and . A VAIMH endorsed professional works in ways that are ethical, trustworthy, honest, sustain nurturing relationships for all infants, young children, and families responsible and reliable · A VAIMH endorsed professional works to establish strong, collaborative relationships with community professionals to enhance services to all infants, young children, and families A VAIMH endorsed professional understands the importance of past relationship. experiences to the development of current relationships Value: Confidentiality . A VAIMH endorsed professional abides by the ethical standards of the agency or place of work and is guided by the legal and practice standards in human services, as well as Initial ☑ Initial Value: Respect for Ethnicity, Race, Culture, Individuality and Value: Knowledge and Skill Building . A VAIMH endorsed professional understands and respects the uniqueness of each · A VAIMH endorsed professional works continuously to acquire new knowledge and skills individual with respect for ethnicity, culture, individuality, and diversity in all aspects of to enhance the understanding and application of IECMH principles infant, early childhood, and family practice . A VAIMH endorsed professional upholds the values of the families they serve by being a curious and responsible learner. This includes proactively engaging in consultation and formal training to learn about the cultures of the families they serve, so as not to burden Value: Reflective Practice families with the task of educating the professional. . A VAIMH endorsed professional seeks out and uses supervision and consultation, as appropriate, to reflect on professional development and personal growth related to work with or on behalf of infants, young children, and families ✓ Initial I commit to upholding these values in my professional work with or on behalf of infants, young children, and their families. Initial ✓ I agree. Agreed: Tuesday, January 2nd 2024 at 10:59 am

6. Education

Status

Details

Competencies

Agreement

Ethics

Education

Work

Trainings

Supervision

References

There are potentially **two tabs** in your application that will require some time and careful organization:

- 1. *Education
- 2. **Trainings**

*The Family Associate and Family Specialist endorsements **do not have an education requirement**. However, if you would like to use coursework to meet Endorsement Competencies, these slides will outline that process.

The Education Tab collects information on:

- 1. *Coursework
- 2. *Crosswalks

6a. Education (Coursework)

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To use your educational experience to demonstrate competencies met, a transcript (unofficial is fine) must be uploaded to this tab.

If you attended multiple colleges/universities, and all courses are listed on the same transcript, make a separate entry for each institution and upload separate transcripts.

Why?

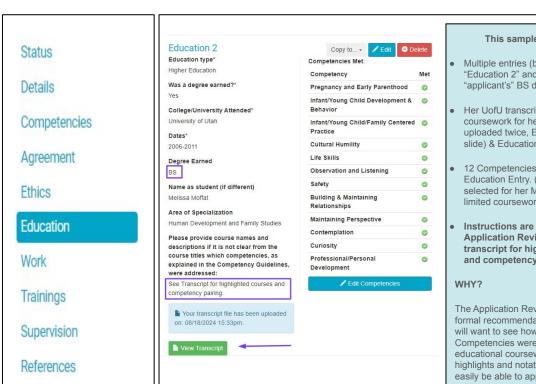
Because each transcript may be used to meet up to 12 Competencies.

How?

Each course may be paired with only 1 Competency, so **select up to 12 courses per transcript** that you feel may meet **up to 12 separate** IECMH competencies.

See Education documentation example on next slide.

6b. Education (BS)

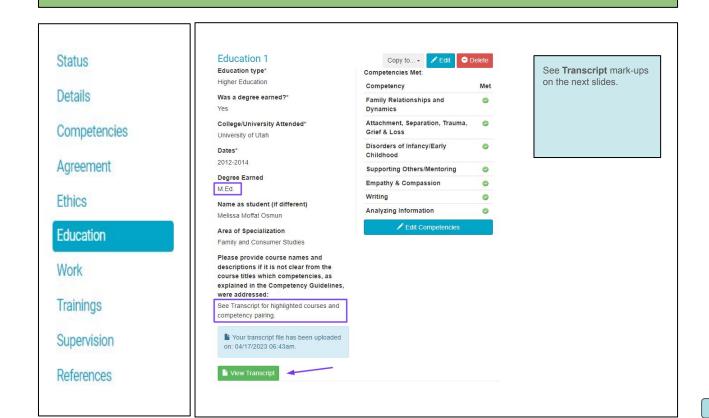


This sample illustrates:

- Multiple entries (because this is "Education 2" and is reflecting the "applicant's" BS degree).
- Her UofU transcript document coursework for her BS and MS, so were uploaded twice, Education 1 (on next slide) & Education 2.
- 12 Competencies were selected for this Education Entry. (An additional 7 were selected for her MS degree entry due to limited coursework taken.)
- Instructions are given for the Application Reviewer to "see transcript for highlighted courses and competency pairing".

The Application Reviewer who will make a formal recommendation for Endorsement will want to see how your selected Competencies were met through educational coursework. Through your highlights and notations, the Reviewer will easily be able to approve your Education entries.

6c. Education (MS)



6d. Education (BS Transcript, pg. 1)

Ethics

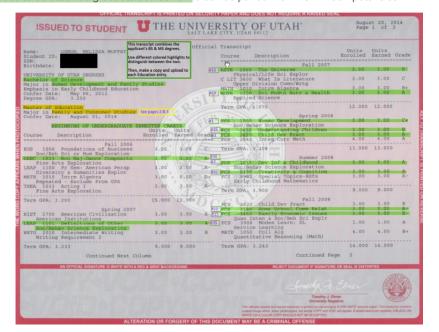
Education

Work

Supervision

References

This transcript contains courses for the "applicant's" BS and MS degrees. Green highlights were used to select undergraduate coursework that was paired with IECMH Competencies.



This transcript is for illustration purposes only. It is not associated with a VAIMH applicant/Endorsee, and was found online at https://melissaosmun.weebly.com/certi_cation.html

6d. Education (BS & MS Transcript, pg. 2)

Ethics

Education

Work

Supervision

References

This transcript contains courses for the "applicant's" BS and MS degrees. Green highlights were used to select undergraduate coursework that was paired with IECMH Competencies, and yellow to indicate graduate coursework.



This transcript is for illustration purposes only. It is not associated with a VAIMH applicant/Endorsee, and was found online at https://melissaosmun.weebly.com/certi_cation.html

6d. Education (MS Transcript, pg. 3)

Agreement

Ethics

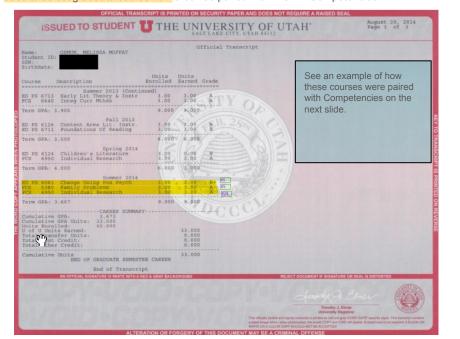
Education

Work

Supervision

References

This transcript contains courses for the "applicant's" BS and MS degrees. Yellow highlights were used to select graduate coursework that was paired with IECMH Competencies.



This transcript is for illustration purposes only. It is not associated with a VAIMH applicant/Endorsee, and was found online at https://melissaosmun.weebly.com/certi cation.html

6e. Education (Education Competency Pairing)

Status

Details

Competencies

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Education

Work

Trainings

Supervision

References

Tτ Competencies	Tr Course Title	U of U (BS)	U of U (MS)
Theoretical Foundations			
1. Pregnancy & Early Parenthood	Human Development	FCS 1500	
2. Infant/Young Child Development & Behavior	Dev Inf & Childhood	FCS 3215	
3. Infant/Young Child/Family Centered Practice	Child Dev. Practice	FCS 2620	
4. Relationship-focused Therapeutic Practice			
5. Family Relationships & Dynamics	Family Problems		FCS 5380
6. Attachment, Separation, Trauma, Grief & Loss	Change Using Positive Psychology		ED PS 6061
7. Cultural Humility	Ethnic Minority Families	FCS 3290	
8. Disorders of Infancy/Early Childhood	Pos Methods/Child Behav.		ED PS 6070
Law, Regulation & Policy			
9. Ethical Practice			
10. Government, Law, and Regulation			
11. Agency Policy			
Systems Expertise			
12. Service Delivery Systems			
13. Community Resources			
Direct Service Skills			
14. Life Skills	Family Economic Issues	FCS 3450	
15. Observation & Listening	Understanding Children	FCS 2610	
16. Screening & Assessment			
17. Responding with Empathy			
18. Advocacy			
19. Safety	Scientific Foundations of Nutrition & Health	NUTR 1020	

6f. Education (Crosswalks)

Status

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References

Crosswalks create a shared framework or map for professional development across all sectors and disciplines of infant, early childhood and family field across the spectrum of service delivery, including promotion (FA), prevention/early intervention (FS), mental health treatment and intervention (MHS), and macro (MHM). This is a current list of approved Crosswalks.

Crosswalk Name	Learn More
Attachment Biobehavioral Catch-up (Infant)	<u>Learn More</u>
Brazelton Touchpoints	Coming Soon
Center of Excellence for IECMH Consultation Competencies	<u>Learn More</u>
Child First	<u>Learn More</u>
Child Parent Psychotherapy	Coming Soon
Circle of Security Parenting	<u>Learn More</u>
Healthy Families America	Learn More
Facilitating Attuned INteractions (FAN)	<u>Learn More</u>
Infant Massage USA	<u>Learn More</u>
Minding the Baby Training Webinars	<u>Learn More</u>
Pyramid Model Training Modules	Learn More
Start Early	<u>Learn More</u>
Start Early NEAR@Home	Learn More
Strengthening Families Protective Factors	<u>Learn More</u>

69. Education (Crosswalks)

Education 3 ✓ Edit

☐ Delete Status Education type* Competencies Met Crosswalk Competency Met Crosswalk* Pregnancy and Early Parenthood Details Healthy Families America Infant/Young Child Development & Behavior Dates* 2020-2022 Infant/Young Child/Family Centered © Competencies Practice Area of Specialization Relationship-focused Therapeutic Your transcript file has been uploaded Agreement on: 08/14/2024 09:53am. Family Relationships and **Dynamics** Attachment, Separation, Trauma. Yiew Transcript Grief & Loss Ethics **Cultural Humility** 0 Disorders of Infancy/Early 0 Education Childhood **Ethical Practice** 0 Government, Law & Regulation 0 Work Agency Policy Service Delivery Systems Community Resources 0 Trainings Life Skills Observation and Listening Screening and Assessment Supervision Responding with Empathy Advocacy 0 References Safety 0

If you participated in a Crosswalk, you will document this in your **Education** tab as shown here.

Refer to the next slide for an example of how to document the Healthy Families America Crosswalk.

6h. Education (Crosswalks)

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Crosswalk to HFA Foundations for Family Support Training and Supervisor Core Training

Theoretical Foundations	Foundations for Family Support & Supervisor Core Training	Other HFA Required Training	Notes	Date Training Completed
pregnancy & early parenthood (IFA, IFS, IMHS, IMHM)	Section 4 covers pregnancy	11-1.A: Staff receive training on Infant Care (w/in 3 mos. of hire: 30- 45 min.)	If training in both previous columns are completed, knowledge/skill area is met for IFA and IFS applications.	12.19.2016
		11-1.8: Child Health & Safety (wiin 3 mos. of hire: 30-45 min.)		
		11-2.E: Prenatal Training (wrin 6 mos. of hire: 45 min. to 2.5 days)		
infant/young child development & behavior (IFA, IFS, IMHS, IMHM)	Sections 1 (Brain Development), 4 (CHEERS), 6 & 7 (Attachment) 6 hours [1 ht.]	10-2.B: Curriculum training (30 min. to 4 days) 11-2.A: Infant & Child Development (win 6 mos. of hire: 30-45 min.)	If training in both previous columns are completed, knowledge/skill area is met for IFA and IFS applications.	3.3.2017
infant/young child & family- centered practice (IFA, IFS, IMHS, IMHM)	Sections 4 (Parent-Child Relationships), 6 & 7 (Relationship-Focused) 20 min.	11-2.8: Supporting the parent-child relationship (win 6 mos. of hire: 30-45 min. 11-3.8: Role of Culture (win 12	If training in both previous columns are completed, knowledge/skill area is met for IFA and IFS applications.	12.23.2016
relationship-based, therapeutic practice (IFA, IFS, IMHS, IMHM)	Sessions 2 (Reflective Strategies), 3 (Supportive Partnerships), 6, 7, and 9	mos. of hire: 30-45 min.) 11-2.F: Family Goat Planning (win 6 mos. of hire: 45 min.)	If training in both previous columns are completed, knowledge/skill area is met for IFA and IFS applications.	12.23.2016
	HFA Advantage (30 min.) Trust Building (30 min.) Creative Outreach (30 min.) Supervisors Manuel, Section 1			
family retationships & dynamics (IFA, IFS, IMHS, IMHM)	Sections 3, 5, and 6 (Brain Patterns) 1.5 hrs. [30 min.]	11-3.8: Intimate Family Violence (w/in 12 mos. of hire: 45 min.)	If training in both previous columns are completed, knowledge/skill area is met for IFA and IFS applications.	12.24.2016
	Integrated Parallel Process (10 min.)		она и о оррания	
attachment, separation, trauma, grief, and loss (IFA, IFS, IMHS, IMHM)	Section 1 (Trauma) and Section 4 (Attachment)		For IFS applications, recommend additional training specific to separation, grief, and	12.23.2016
(0.70 11 00 11 11 10 11 11 11 11 11 11 11 11	Trauma Informed (30 min.) What you can do (15 min.)		loss and the impact on early development and relationships.	
psychotherapeutic & behavioral theories of change (IMHS & IMHM)	Attachment (6 hrs. [1 hr.]) N/A			
disorders of intency/early childhood (IFS, IMHS, (MHM)	Attachment (6 hrs. [1 hr.])	Best Practice Standards Critical Element 6 6-6: Developmental Screening and Follow-Up.	For IFS applicants, recommend further training to address knowledge around identification of risks and disorders of infancy and early childhood (e.g., separation anxiety disorder.	12.20.201
		Required use of ASQ & ASQ:SE	depressive disorder of early childhood, post traumatic stress disorder), and when to refer to professional from other systems such as health, mental health, education, and child welfare.	

13101 Allen Road * Southgate, Michigan 48195 * p 734.785.7700 * f 734.287.1680 * allianceaimh.org © MI-AIMH Competency Guidelines*

Crosswalk Worksheet

- Download the appropriate Crosswalk worksheet.
- Mark the dates of training completion in the margin.
- Save your PDF and upload it into the Education tab as a "transcript" for your Crosswalk entry.
- Select Competencies for each training completed (i.e., in this example, you met the Pregnancy & Early Parenthood competency on 12.19.2016, the Family Relationships & Dynamics competency on 12.24.2016).
- Select these competencies in your Education Tab

7. Work

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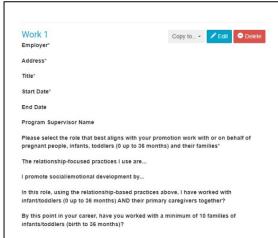
Education

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This is an example of a Work entry for a Family Specialist Application.

Tips:

Do not copy and paste from your resume.

Write your work description(s) specific to the requirements for your category of Endorsement.

Your Application Reviewer may be from another AIMH and therefore not familiar with Virginia's systems.

Be as specific and clear as you can be to illustrate your skills and experience in the IECMH field.

If you **provided RSC** to IECMH practitioners, describe that here.

Resume: Not required for some categories. However, it may be helpful to Application Reviewers if clarification is needed during a review.

8. Trainings

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Training Requirements for <u>all</u> Categories of Endorsement:

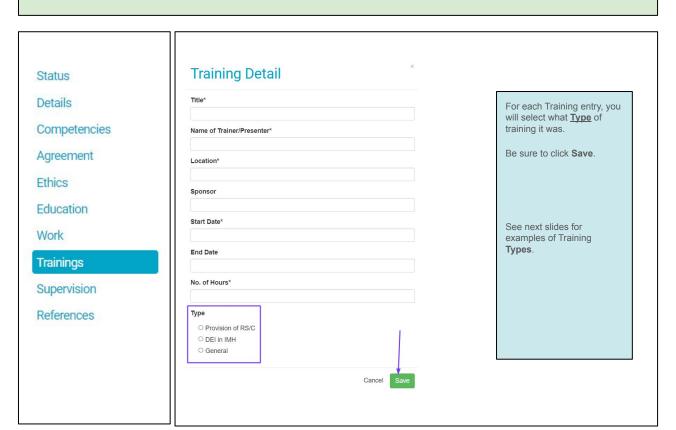
- Minimum of 30 clock hours pertaining to the promotion of social emotional development of children (prenatal to 36 months or ages 3-6) and/or other relationship-based principles and practices of infant and/or early childhood mental health. Typically, successful applications include more than the minimum # of hours.
 - o **FA:** 40+ hours
 - o **FS:** 50+ hours
 - o MHS: 75+
 - o MHM: 75-90+
- Minimum of 3 hours pertaining to diversity, equity, and inclusion in IECMH.

The General Rule is 1 Competency area for each hour of training.

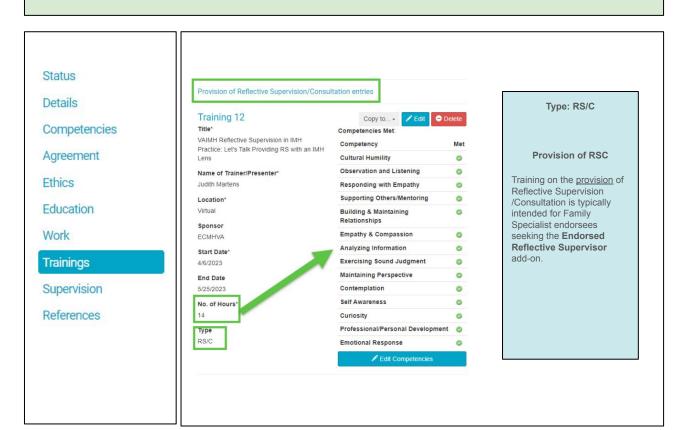
Refer to your Application Worksheet for organizing trainings and aligning with competencies prior to entering these into your EASy application, if desired.

See the following slides for examples.

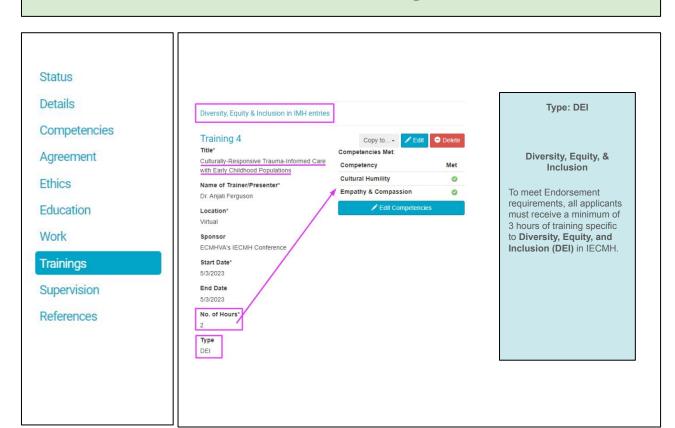
8a. Trainings (Types)



8b. Trainings (Provision of RSC)

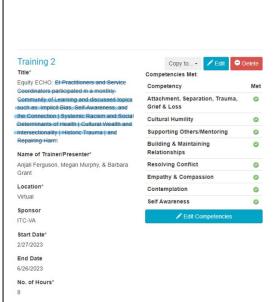


8c. Trainings (DEI in IECMH)



8d. Trainings (General)





Type: General

Training that meets IECMH principles and practices.

Imagine you are the Application Reviewer - would you be able to approve the selected competencies purely based upon the training title, **Equity ECHO?**

By adding a brief description after the title, as highlighted in blue, the Reviewer will more easily be able to determine that this training meets IECMH competencies.

Note: This is an 8-hour training, so 8 competencies may be selected.

9. Supervision

Status

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References

Supervision 1

Name of Supervisor/Consultant*

Jane Doe

Provider Credentials*

Endorsed

State where the RS provider resides (e.g. Michigan)*

Virginia

Agency/Office where this took place*

Virtual

Frequency of Meetings*

Monthly

Start Date*

January 2022

End Date*

Current

Total Hours*

24

Individual or Group*

Group

Reflective Supervision/Consultation Requirements:

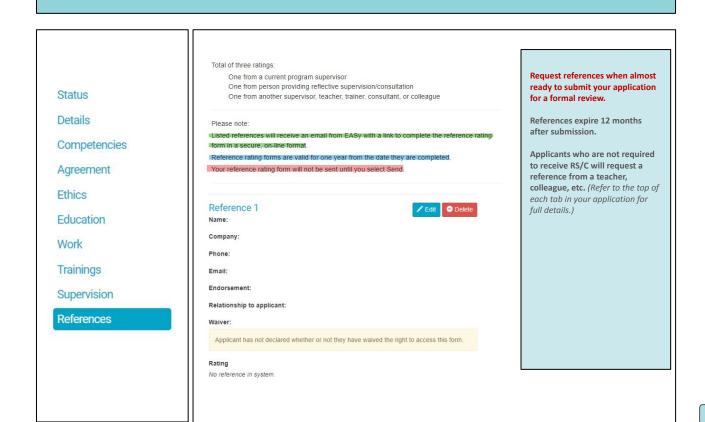
- Family Associates: not required
- Family Specialists: 24 hours
- Mental Health Specialists: 50 hours
- Mental Health Mentor-Clinical: 50 hours
- MHM-Policy: not required
- MHM-Research/Faculty: not required

The Early Childhood Mental Health Virginia (ECMHVA) Initiative receives annual funding to support IECMH applicants.

Each November, new applicants are notified of scholarship support opportunities for 24 hours of group reflective supervision /consultation, which runs 2 hours/month between January - December each year.

Unused funds may support Family Associates, MHM-P, and MHM-R/F applicants in receiving RSC.

10. References



Initial Endorsement Certificate



The Virginia Association for Infant Mental Health Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health®

John Doe, IMH-E®

Infant Family Specialist

August 1, 2024

Initial Credential Effective through December 31, 2027

Grister State

KRISTEN STAHR, IMH-E® IECMH Endorsement Coordinator

Janya Coles

TANYA COLES, IMH-E®
VAIMH President